



Primary Steps in PE



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Gym- Body Management	Dance- interpretive dance	Gym- Floor Exercises	Gym- Flight	Games – Net/Wall	Games- Sending and Receiving
	Games- Locomotion	Athletics- Indoor	Dance- Performance Dance	Games – Object control	Sending and Receiving	Locomotion
Year 2	Gym- Body Management	Dance- interpretive dance	Gym- Floor Exercises	Gym- Flight	Games- Net/Wall	Games- striking and fielding
	Games- Object Control	Athletics- Indoor	Dance- Performance Dance	Games – Sending and Receiving	Locomotion agility	Athletics
Year 3	Gym- Body Management	Dance- interpretive dance	Gym- Floor Exercises	Gym- Flight	Games- Net/Wall	Games- striking and fielding
	Games- Invasion	Athletics- Indoor	Dance- Performance Dance	Games- Invasion 2	Athletics	Athletics
Year 4	Gym- Body Management	Dance- interpretive dance	Gym- Floor Exercises	Gym – Flight	Games- Net/Wall	Games- striking and fielding
	Games- Invasion	Athletics- Indoor	Dance- Performance Dance	Games- Invasion 2	Athletics	Athletics
Year 5	Gym- Body Management	Dance- interpretive dance	Gym- Floor Exercises	Gym – Flight	Games- Net/Wall	Games- striking and fielding
	Games- Invasion	Athletics- Indoor	Dance- Performance Dance	Games- Invasion 2	Athletics	Athletics
Year 6	Gym- Body Management	Dance- interpretive dance	Gym- Floor Exercises	Gym- Flight	Games- Net/Wall	Games- striking and fielding
	Games- Invasion	Athletics- Indoor	Dance- Performance Dance	Games- Invasion 2	Athletics	Athletics

