

# Queen Mary Infant and Nursery School



## Anti-Bullying Policy for Children

### What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is repeated

**S**everal  
**T**imes  
**O**n  
**P**urpose



## If you are being bullied - TELL SOMEONE

### Who can I Tell?



A Friend  
Teachers  
Any other grown-up

Parents/Carers  
Lunchtime Staff

### If you are bullied-

#### DO

- Ask them to STOP.
- Ignore them.
- Walk away.
- Find a grown-up to help.

#### DON'T

- Do what they say.
- Hit them.
- Think it's your fault.
- Hide it.

### What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't try and get involved- you might end up getting hurt or you could end up in trouble yourself.

### What will happen to a bully?

- Teachers will get involved and help solve the problem.
- The teachers will follow the behaviour policy to deal with the problem.